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2026 Polk Health Care Plan Formulary Drug List

The Polk Health Care Plan Formulary Drug List is a guide within select therapeutic categories for clients, plan members and health care providers. Generics should be considered the first line of prescribing. If there is no generic available, there may be more than one brand-name medicine to treat a condition. These preferred brand-name medicines are listed to help identify products that are clinically appropriate and cost-effective. This list represents brand products in Proper case, and generic products in lowercase italics.

PLAN MEMBER

Your benefit plan provides you with a prescription benefit program administered by Citizens Rx. Ask your doctor to consider prescribing, when medically appropriate, a preferred medicine from this list. Take this list along when you or a covered family member sees a doctor.

Please note:

- To avoid the full cost payment associated with non-formulary drugs, please ask your prescriber to refer to this preferred drug list when prescribing medications for you and your dependents. Substitution of generic products is mandatory when available.
- For more information regarding your prescription benefit coverage, please visit <https://polkhealthcareplan.net> or contact a Citizens Rx Member Service representative.
- Any brand drug for which a generic product becomes available may be designated as a non-formulary drug.

HEALTHCARE PROVIDER

Your patient is covered under a prescription benefit plan administered by Citizens Rx. As a way to help manage health care costs, authorize generic substitution whenever possible. If you believe a brand-name product is necessary, consider prescribing a brand name on this list.

Please note:

- You can visit <https://polkhealthcareplan.net> to get the most up to date information on the Formulary.

ANTIDIABETIC AGENTS

INSULINS

Humalog
Humulin
insulin glargine-yfgn
Toujeo

NON-INSULIN

HYPOGLYCEMIC AGENTS

acarbose
Bydureon
Byetta
Farxiga **PA**
glimepiride
glipizide
glipizide extended-release
glipizide-metformin
glyburide
glyburide-metformin
glyburide-micronized
Janumet
Janumet XR
Januvia
Jardiance **PA**
metformin
metformin extended release
pioglitazone
Synjardy
Tradjenta
Trulicity
Xigduo XR

SUPPLIES

BD Insulin Syringes **QL**
Microlet Lancets **QL**
Monoject Insulin Syringes **QL**
OneTouch Verio Test Strips **QL**

ALLERGY, COUGH AND COLD

ANTI-HISTAMINE / DECONGESTANTS

cyproheptadine
diphenhydramine
hydroxyzine hcl
hydroxyzine pamoate
promethazine

EXPECTORANT AND COUGH PRODUCTS

dextromethorphan-
brompheniramine-
pseudoephedrine
guaifenesin

NASAL CORTICOSTEROIDS

fluticasone

ANAPHYLAXIS AGENTS

epinephrine auto-injector
0.15mg/0.3mLs (Mylan) **QL**

ANTI-INFECTIVE AGENTS

ANTIHELMINTICS

Albenza

ANTIBIOTIC CEPHALOSPRINS

cefadroxil
cefdinir
cephalexin

MACROLIDES

azithromycin
clarithromycin
erythromycin

PENICILLINS

amoxicillin
amoxicillin-clavulanate
dicloxacillin
penicillin VK

QUINOLONES

ciprofloxacin

SULFONAMIDES

sulfamethoxazole-trimethoprim

TETRACYCLINES

doxycycline hyclate
minocycline
tetracycline

ANTIFUNGALS

fluconazole
nystatin

ANTIVIRALS

acyclovir

MISCELLANEOUS

metronidazole

AUTONOMIC & CENTRAL NERVOUS SYSTEM AGENTS

ANALGESICS, NONSTEROIDAL

ANTI-INFLAMMATORY

ibuprofen
indomethacin
ketorolac tromethamine QL
meloxicam
naproxen
piroxicam

ANTICONVULSANTS

carbamazepine
clonazepam
divalproex sodium delayed-release
gabapentin
lamotrigine
levetiracetam QL
oxcarbazepine
phenobarbital
phenytoin
topiramate
valproic acid

ANTIPARKINSON AGENTS

benzotropine
carbidopa-levodopa
selegiline
trihexphenidyl

ANXIOLYTICS, SEDATIVES & HYPNOTICS

alprazolam
bupirone hcl
chloral hydrate
lorazepam
temazepam
triazolam
zolpidem

CEREBRAL STIMULANTS

amphetamine-dextroamphetamine
amphetamine-dextroamphetamine
er QL
atomoxetine QL
lisdexamfetamine QL
methylphenidate
methylphenidate extended-release



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DMARDS

azathioprine
hydroxychloroquine
leflunomide
methotrexate

MIGRAINE AGENTS

isometheptene-
dichloralphenazone-
acetaminophen
sumatriptan **QL**

PAIN MANAGEMENT

Pain medication is limited to a 7-day supply every 180 days.

acetaminophen w/ codeine
codeine
hydrocodone-acetaminophen
hydromorphone hcl
oxycodone
oxycodone w/ acetaminophen
pentazocine w/ naloxone
tramadol hcl tab 50 mg
tramadol-acetaminophen
tab 37.5-325 mg

PSYCHO-THERAPEUTIC AGENTS

ANTIDEPRESSANTS

amitriptyline
bupropion
bupropion xl/sr
citalopram
doxepin
duloxetine **QL**
escitalopram **QL**
fluoxetine
imipramine
mirtazapine
nortriptyline
sertraline
trazodone
venlafaxine
venlafaxine xr **QL**
vilazodone **QL**

ANTIMANIC AGENTS

lithium carbonate

ANTIPSYCHOTIC AGENTS

aripiprazole **QL**
chlorpromazine
clozapine **QL**
fluphenazine hcl
haloperidol
olanzapine
quetiapine
risperidone
thioridazine
thiothixene
ziprasidone **QL**

CARDIOVASCULAR AGENTS

ALDOSTERONE ANTAGONISTS

spironolactone

ANGIOTENSION II RECEPTOR ANTAGONISTS

losartan

ACE INHIBITORS

benazepril
captopril
enalapril
maleate
lisinopril
quinapril
ramipril

ANTI-ADRENERGIC AGENTS – BETA-ADRENERGIC BLOCKERS

atenolol
carvedilol
metoprolol
metoprolol succinate
extended-release
propranolol

ANTI-ADRENERGIC BLOCKERS - CENTRALLY ACTING

clonidine

ANTI-ADRENERGIC BLOCKERS PERIPHERALLY ACTING

doxazosin
prazosin

ANTIARRHYTHMICS

amiodarone
digoxin

ANTICOAGULANTS / ANTITHROMBOTICS

clopidogrel
dabigatran 75mg **QL**
enoxaparin **QL**
Eliquis **QL**
Pradaxa **QL**
ticlopidine
warfarin

ANTILIPEMICS

atorvastatin
gemfibrozil
lovastatin
pravastatin
simvastatin

CALCIUM CHANNEL BLOCKERS

amlodipine
diltiazem
nifedipine
nifedipine extended-release
verapamil
verapamil extended-release

COMBINATION ANTIHYPERTENSIVES

amlodipine-benazepril

DIURETICS

amiloride
bumetanide
hydrochlorothiazide
metolazone
triamterene-hydrochlorothiazide

VASODILATORS

dipyridamole
hydralazine
isosorbide
dinitrate
minoxidil
nitroglycerin
nitroglycerin-transdermal
Nitrostat

CONTRACEPTIVES MONOPHASIC

apri
aviane
cryselle-28
junel
lessina-28
levora
low-ogestrel
microgestin fe
mononessa
nortrel
Ogestrel
portia-28
previfem
sprintec 28
zovia

BIPHASIC

kariva

TRIPHASIC

cesia
enpresse-28
nortrel
trinessa
tri-previfem
tri-sprintec
trivora-28
velivet

PROGESTIN ONLY

nora-be

CORTICOSTEROIDS

cortisone
acetate
prednisone

DERMATOLOGICALS

ANTIBIOTICS

metronidazole
mupirocin
silver sulfadiazine

TOPICAL ANTI-INFLAMMATORY AGENTS

desonide
diflorasone
diacetate
fluocinolone acetonide
fluocinonide
hydrocortisone
triamcinolone acetonide

OTHER DERMATOLOGICALS

nystatin-triamcinolone
permethrin
selenium sulfide shampoo

ELECTROLYTES POTASSIUM REPLACEMENT

Klor-Con
potassium chloride

GASTROINTESTINAL AGENTS ANTIEMETIC / ANTIVERTIGO

meclizine
prochlorperazine maleate
promethazine
trimethobenzamide

ANTISPASMODIC / GI MOTILITY

chlordiazepoxide-clidinium
dicyclomine
diphenoxylate-atropine
metoclopramide

ANTIULCER

cimetidine
pantoprazole
ranitidine
sucralfate

OTHER GI PRODUCTS

hydrocortisone
lactulose
sulfasalazine
sulfasalazine EC

GOUT AGENTS

allopurinol

HORMONES ANTIESTROGENS / ANTIANDROGENS

finasteride
flutamide
tamoxifen



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ESTROGENS

estradiol
estropipate

PROGESTINS

medroxyprogesterone

OPHTHALMICS

ANTI-GLAUCOMA AGENTS

atropine
sulfate
brimonidine

ANTI-INFECTIVE / ANTIVIRAL AGENTS

erythromycin
gentamicin
neomycin-polymyxin B-bacitracin
neomycin-polymyxin B-gramicidin
ofloxacin
sulfacetamide
trifluridine

ANTI-INFECTIVE AND ANTI-INFLAMMATORY COMBINATIONS

neomycin-polymyxin B-dexamethasone ointment
tobramycin-dexamethasone solution
Tobradex Ointment

ANTI-INFLAMMATORY AGENTS

diclofenac sodium
flurbiprofen sodium
prednisolone acetate
prednisolone sodium phosphate 1%

BETA-BLOCKERS

carteolol
levobunolol
timolol

CARBONIC ANHYDRASE INHIBITORS

dorzolamide

OSTEOPOROSIS AGENTS

alendronate

OTICS

ANTI-INFECTIVE AND ANTI-INFLAMMATORY COMBINATIONS

neomycin-polymyxin
B-hydrocortisone ointment

RESPIRATORY / ASTHMA

ANTI-ASTHMATIC AGENTS CORTICOSTEROIDS

QVAR Redihaler

LEUKOTRIENE RECEPTOR ANTAGONISTS

montelukast sodium

SYMPATHOMIMETICS

albuterol
albuterol sulfate HFA (by Perrigo)
metaproterenol

XANTHINE DERIVATIVES

theophylline anhydrous

SKELETAL MUSCLE RELAXANTS

baclofen
cyclobenzaprine
diazepam
methocarbamol

THYROID AND THYROID AGENTS

levothyroxine
levothyroid
propylthiouracil

URINARY AGENTS

nitrofurantoin
oxybutynin
phenazopyridine
potassium citrate
tamsulosin
trimethoprim

VACCINES

Boostrix
Comirnaty
Fluad
Gardasil
Havrix
Prevnar
Shingrix

VAGINAL PREPARATIONS

metronidazole
nystatin
Premarin

MISCELLANEOUS AGENTS

cyclophosphamide
pentoxifylline