



2024 Polk Health Care Plan Formulary Drug List

The Polk Health Care Plan Formulary Drug List is a guide within select therapeutic categories for clients, plan members and health care providers. Generics should be considered the first line of prescribing. If there is no generic available, there may be more than one brand-name medicine to treat a condition. These preferred brand-name medicines are listed to help identify products that are clinically appropriate and cost-effective. This list represents brand products in Proper case, and generic products in lowercase italics.

PLAN MEMBER

Your benefit plan provides you with a prescription benefit program administered by Citizens Rx. Ask your doctor to consider prescribing, when medically appropriate, a preferred medicine from this list. Take this list along when you or a covered family member sees a doctor.

Please note:

- To avoid the full cost payment associated with non-formulary drugs, please ask your prescriber to refer to this preferred drug list when prescribing medications for you and your dependents. Substitution of generic products is mandatory when available.
- For more information regarding your prescription benefit coverage and copay, please visit <https://www.polkhealthcareplan.net> or contact a Citizens Rx Member Service representative.
- Any brand drug for which a generic product becomes available may be designated as a non-formulary drug.

HEALTHCARE PROVIDER

Your patient is covered under a prescription benefit plan administered by Citizens Rx. As a way to help manage health care costs, authorize generic substitution whenever possible. If you believe a brand-name product is necessary, consider prescribing a brand name on this list.

Please note:

- The members prescription benefit plan may have a different copay for specific products on the list.
- You can visit <https://www.polkhealthcareplan.net> or get the most up to date information on the Formulary and copays.

ANTI-DIABETIC AGENTS INSULINS

Humalog
Humulin
insulin glargine-yfgn
Toujeo

NON-INSULIN HYPOGLYCEMIC AGENTS

acarbose
Bydureon
Byetta
Farxiga **PA**
glimepiride
glipizide
glipizide extended-release
glipizide-metformin
glyburide
glyburide-metformin
glyburide-micronized
Janumet
Janumet XR
Januvia
Jardiance **PA**
metformin
metformin extended-release
Synjardy
Tradjenta
Trulicity
Xigduo XR

SUPPLIES

Microlet Lancets **QL**
Monoject Insulin Syringes **QL**
OneTouch Verio Test Strips **QL**

ALLERGY, COUGH AND COLD

**ANTI-HISTAMINE /
DECONGESTANTS**
cyproheptadine
diphenhydramine
hydroxyzine hcl
hydroxyzine pamoate
promethazine

EXPECTORANT AND COUGH PRODUCTS

dextromethorphan-brompheniramine-pseudoephedrine
guaifenesin

NASAL CORTICOSTEROIDS

fluticasone

ANAPHYLAXIS AGENTS

epinephrine auto-injector
0.15mg/0.3mLs (Mylan) **QL**

ANTI-INFECTIVE AGENTS ANTHELMINTICS

Albenza

ANTIBIOTIC CEPHALOSPRINS

cefadroxil
cefдинir
cephalexin

MACROLIDES

azithromycin
clarithromycin
erythromycin

PENICILLINS

amoxicillin
amoxicillin-clavulanate
dicloxacillin
penicillin VK

QUINOLONES

ciprofloxacin

SULFONAMIDES

sulfamethoxazole-trimethoprim

TETRACYCLINES

doxycycline
hyclate
minocycline
tetracycline

ANTIFUNGALS

nystatin

ANTIVIRALS

acyclovir

MISCELLANEOUS

metronidazole

AUTONOMIC & CENTRAL NERVOUS SYSTEM AGENTS

ANALGESICS, NON-STEROIDAL

ANTI- INFLAMMATORY

ibuprofen
indomethacin
ketorolactromethamine QL
meloxicam
naproxen
piroxicam

ANTICONSULSANTS

carbamazepine
clonazepam
divalproex sodium
delayed-release
gabapentin
lamotrigine
phenobarbital
phenytoin
valproic acid

ANTIPARKINSON AGENTS

benztropine
carbidopa-levodopa
selegiline
trihexphenidyl

ANXIOLYTICS, SEDATIVES & HYPNOTICS

alprazolam
buspirone hcl
chloral hydrate
lorazepam
temazepam
triazolam

CEREBRAL STIMULANTS

amphetamine-dextroamphetamine

methylphenidate
methylphenidate extended-release

DMARDS

azathioprine
hydroxychloroquine
leflunomide
methotrexate

MIGRAINE AGENTS

isometheptene-dichloralphenazone-acetaminophen
sumatriptan QL

PAIN MANAGEMENT

Pain medication is limited to a 7 day supply every 180 days.
acetaminophen w/ codeine
codeine
hydrocodone-acetaminophen
hydromorphone hcl
oxycodone
oxycodone w/ acetaminophen
pentazocine w/ naloxone
tramadol hcl tab 50 mg
tramadol-acetaminophen tab 37.5-325 mg

PSYCHO-THERAPEUTIC AGENTS

ANTIDEPRESSANTS

amitriptyline
bupropion
bupropion sr
citalopram
doxepin
duloxetine QL
escitalopram QL
fluoxetine
imipramine
mirtazapine
nortriptyline
sertraline
trazodone

venlafaxine

ANTIMANIC AGENTS

lithium carbonate

ANTIPSYCHOTIC AGENTS

aripiprazole QL
chlorpromazine
clozapine QL
fluphenazine hcl
haloperidol
olanzapine
quetiapine
risperidone
thioridazine
thiothixene
ziprasidone QL

CARDIOVASCULAR AGENTS

ALDOSTERONE ANTAGONISTS

spironolactone

ANGIOTENSION II RECEPTOR ANTAGONISTS

losartan

ACE INHIBITORS

benazepril
captopril
enalapril maleate
lisinopril
quinapril
ramipril

ANTI-ADRENICAGENTS – BETA-ADRENERGIC BLOCKERS

atenolol
carvedilol
metoprolol
metoprolol succinate
extended release
propranolol

ANTI- ADRENERGIC BLOCKERS - CENTRALLY



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ACTING clonidine

ANTI-ADRENERGIC BLOCKERS PERIPHERALLY ACTING doxazosin prazosin

ANTIARRHYTHMICS amiodarone digoxin

ANTICOAGULANTS / ANTITHROMBOTICS clopidogrel dabigatran 75mg QL Eliquis QL Pradaxa QL ticlopidine warfarin

ANTILIPEMICS atorvastatin gemfibrozil lovastatin pravastatin simvastatin

CALCIUM CHANNEL BLOCKERS amlodipine diltiazem nifedipine nifedipine extended-release verapamil verapamil extended-release

COMBINATION ANTIHYPERTENSIVES amlodipine-benazepril

DIURETICS amiloride bumetanide hydrochlorothiazide metolazone triamterene-hydrochlorothiazide

VASODILATORS dipyridamole hydralazine isosorbide dinitrate minoxidil nitroglycerin

nitroglycerin-transdermal Nitrostat

CONTRACEPTIVES MONOPHASIC

apri
aviane
cryselle-28
junel
lessina-28
levora
low-ogestrel
microgestin fe
mononessa
nortrel
Ogestrel
portia-28
previfem
sprintec 28
zovia

BIPHASIC kariva

TRIPHASIC cesia enpresse-28 nortrel trinessa tri-previfem tri-sprintec trivora-28 velivet

PROGESTIN ONLY nora-be

CORTICOSTEROIDS cortisone acetate prednisone

DERMATOLOGICALS ANTIBIOTICS metronidazole mupirocin silver sulfadiazine

TOPICAL ANTI-INFLAMMATORY AGENTS desonide diflorasone diacetate fluocinolone acetonide fluocinonide hydrocortisone

triamcinolone acetonide OTHER DERMATOLOGICALS nystatin-triamcinolone permethrin selenium sulfide shampoo

ELECTROLYTES POTASSIUM REPLACEMENT Klor-Con potassium chloride

GASTROINTESTINAL AGENTS ANTIEMETIC / ANTIVERTIGO meclizine prochlorperazine maleate promethazine trimethobenzamide

ANTISPASMODIC / GI MOTILITY chlordiazepoxide-clidinium dicyclomine diphenoxylate-atropine metoclopramide

ANTIULCER cimetidine pantoprazole ranitidine sucralfate

OTHER GI PRODUCTS hydrocortisone lactulose sulfasalazine sulfasalazine EC

GOUT AGENTS allopurinol

HORMONES ANTIESTROGENS / ANTIANDROGENS finasteride flutamide tamoxifen

ESTROGENS estradiol estropipate

PROGESTINS medroxyprogesterone

OPHTHALMICS ANTI-GLAUCOMA AGENTS atropine sulfate brimonidine

ANTI-INFECTIVE / ANTIVIRAL AGENTS erythromycin gentamicin neomycin-polymyxin B-bacitracin neomycin-polymyxin B-gramicidin ofloxacin sulfacetamide trifluridine

ANTI-INFECTIVE AND ANTI-INFLAMMATORY COMBINATIONS neomycin-polymyxin B-dexamethasone ointment tobramycin-dexamethasone solution Tobradex Ointment

ANTI-INFLAMMATORY AGENTS diclofenac sodium flurbiprofen sodium prednisolone acetate prednisolone sodium phosphate 1%

BETA-BLOCKERS carteolol levobunolol timolol

CARBONIC ANHYDRASE INHIBITORS dorzolamide

OSTEOPOROSIS AGENTS alendronate

OTICS ANTI-INFECTIVE AND ANTI-INFLAMMATORY COMBINATIONS neomycin-polymyxin B-

hydrocortisone ointment RESPIRATORY / ASTHMA ANTI-ASTHMATIC AGENTS CORTICOSTEROIDS QVAR Redihaler

LEUKOTRIENE RECEPTOR ANTAGONISTS montelukast sodium

SYMPATHOMIMETICS albuterol albuterol sulfate HFA (by Perrigo) metaproterenol

XANTHINE DERIVATIVES theophylline anhydrous

SKELETAL MUSCLE RELAXANTS baclofen cyclobenzaprine diazepam methocarbamol

THYROID AND THYROID AGENTS levothyroxine levothyroid propylthiouracil

URINARY AGENTS nitrofurantoin oxybutynin phenazopyridine potassium citrate trimethoprim

VAGINAL PREPARATIONS metronidazole nystatin Premarin

MISCELLANEOUS AGENTS cyclophosphamide pentoxifylline